



The Beacon

Guiding your Journey

May 2018 ♦ Volume 9 ♦ Issue 5

Milestone Approaching!

Now that we are well into 2018, it is time for us to start planning the celebration of *our milestone 75th anniversary!* St. Paul Elder Services, Inc. was officially founded in September of 1943. For 75 years, we have been blessed to journey with older adults through their later years and the ends of their lives, which we feel is such sacred work. We are called to enrich lives in physical, emotional, spiritual, and social ways, and by the very nature of the work of caring for others, our mission is undeniably present.



At St. Paul Elder Services, we cherish all life, and see the gifts in each person we serve and in each person we work with. We treat all people, no matter their abilities, status, or backgrounds, as though they were our own family members, and strive to provide them the best care possible. Our commitment to quality is unwavering, and our quality outcomes are a mark of our mission integration. The growth in our services and programs illustrates our firm belief in providing for what the community needs. Our employees are deeply appreciated by us, and by those they touch day in and day out; we strive to enrich their lives as well through meaningful engagement and opportunity.

Watch for more information in the coming months about the different ways we will be celebrating 75 years as part of this amazing community!

Sondra Norder, President & CEO



Where Does It Hurt? Pain Management in People with Dementia

By Ava M. Stinnett

As you know, the term *dementia* describes a group of symptoms that affects memory and thinking and social ability severely enough to interfere with daily functioning. Alzheimer's disease is the most common cause of progressive dementia in older adults, but there are several other causes, including Parkinson's disease and vascular dementia. As the disease advances, it may become difficult for your loved one to articulate what is causing them pain, making it easy for their complaints to be overlooked by doctors or caregivers. Over the years, there has been a lack of clarity about whether people with dementia feel as much pain as those without a cognitive disorder. Researchers have been learning about the pain levels of those who cannot speak for themselves. A Slovenian study conducted by Dr. Martin Rakusa (2016) compared pain levels of those who could communicate with those who could not. He concluded that "Cognitively impaired individuals or individuals with dementia evidently articulate their complaints less frequently. We therefore have to do more than just ask them about possible pain; we have to actively examine them to determine whether they are experiencing pain." When pain cannot be communicated verbally, it becomes critical for caregivers to watch body language in order to provide adequate care. The Pain Assessment in Advanced Dementia (PAINAD) scale can help assess pain levels in persons with dementia. First, look at your loved one's breathing. Is it normal? Is there occasional and/or labored breathing? Next, be aware of occasional moans or groans, crying, or repeated calling out. What does the facial expression tell you? Facial grimacing, frowning, or displaying a sad or frightened look can indicate the need for pain relief. Additionally, appearing tense or distressed with clenched fists, pulling away from touch, or pacing/fidgeting often indicates the need for some type of intervention. A physician or caregiver should monitor changes over time and in response to treatment to determine changes in pain. Because of their declining brain function, people with dementia are less able to communicate what hurts. Lab tests and a physical exam can help a physician determine the cause of pain. However, be persistent in encouraging the physician or caregiver to observe behavioral changes such as restlessness, agitation, vocalizations, and even a faster heart rate. This will result in better treatment of pain and improved quality of life.

Article by Ava M. Stinnett-Activity Connections

Sources

Martin, R. (2016). Overlooked chronic pain in diabetic patients with cognitive impairment. Presented: 2nd Congress of the European Academy of Neurology, Copenhagen, Denmark, 2016.
Warden, V., Hurley A.C., and Volicer, V. (2003). Development and psychometric evaluation of the Pain Assessment in Advanced Dementia (PAINAD) Scale. *J Am Med Dir Assoc*, 4:9-15. Developed at the New England Geriatric Research Education & Clinical Center, Bedford VAMC, MA.



May 4
Ice Cream
Social

May 10
Spark!

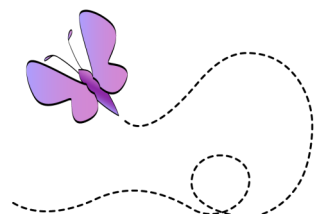
May 11
Music with
Ellen

May 13
Happy
Mother's Day

May 16
Villa Voices

May 18
Flower Outing

May 21
Music with
Mary





Those who defend our country as members of the armed forces deserve special honor and praise for their sacrifice and devotion. At no time is this truer than at the end of a veteran’s life. St. Paul’s Hospice is proud to partner with the **We Honor Veterans (WHV)** program to provide care that values veterans and acknowledges their service to our country.

We Honor Veterans is a collaborative program between the National Hospice and Palliative Care Organization (NHPCO) and the Department of Veteran Affairs (VA). Through education and specially-designed programs, **We Honor Veterans** serves as a resource for partner hospices in meeting the unique needs of veterans at the end of life.



One of the **We Honor Veterans** models used by St. Paul’s Hospice, called the Veteran-to-Veteran Volunteer Program, acknowledges the bond veterans share and pairs Veteran Volunteers with hospice patients who have served in our armed forces. These volunteers have the unique ability to

connect with veteran patients and their families and to provide comfort, companionship, and a chance to share memories. Often veteran patients share memories with Veteran Volunteers they never have shared before.

Veteran patients also can choose to receive a special ceremony, presented by a Veteran Volunteer, that honors their military service with a certificate and other mementos. Family members and friends often attend these ceremonies and are moved by the respectful tribute.

Pictured are Mike Weaver (left) and Marty Huss (right), both Army veterans. Mike and Marty serve as official presenters for our honorary veteran ceremonies and we are grateful for their dedication to our veteran patients.



Sources: National Hospice and Palliative Care Organization and We Honor Veterans

Hospice

Happy Birthday to:

- 5/5 Jinny Biese Volunteer
- 5/13 Ron Van De Hey Volunteer
- 5/14 Sue Grasse Bereavement coordinator
- 5/23 Julie Ives Social worker

If you would like to find out more about being a hospice volunteer, call (920) 766-6180 or email: pamelas@stpaulelders.org

St. Paul at Home Program Offerings

- ◆ Personal Care Assistants - assistance with light housekeeping, bathing, dressing, laundry, meal preparation, and errands
- ◆ Meals on Wheels - volunteers deliver nutritious meals Monday thru Friday
- ◆ Transportation Assistance - friendly, experienced driver assistance to medical and social appointments
- ◆ Professionally Monitored Emergency Systems - alerts a chosen care partners in the case of an emergency
- ◆ Medication Dispensers - signals an alarm when it is time to take a medication
- ◆ Grand Care - innovative security and communication system to maintain independence in the home

For more information, please contact
Keri Schreiter at 766-6020 Ext, 189

Spring Pool Classes!

Come join a class today. Our pool temperature is between 94 and 96 degrees.

Call 766-6188 to learn more about our classes.

Welcome to the Life Enrichment Center at St. Paul Elder Services!

Cloud Walkers (Foot & Nail Clinic)

Tuesdays and Thursdays
8:00 am – 2:30 pm
Every other Friday and
Wednesday appointments
available

Healing Waters
(Aquatic Exercise Classes)
Classes Daily
Registration required for
each session

Massage
Pamper yourself with
a massage!
By appointment only.

The Memory Care Clinic

By appointment only.
Please call for additional
information for our newest
clinic services.

**For additional
information, please call
(920) 766-6020 ext. 186**



TAPS

*-Major General
Daniel Butterfield*

Day is done...
Gone the sun
From the lake...
From the hills...
From the sky.
All is well...
Safely rest
God is nigh.

Fading light...
Dims the sight
And a star....
Gems the sky....
Gleaming bright
From afar....
Drawing nigh
Falls the night.



“CELEBRATING LIFE’S STORIES”

**NATIONAL SKILLED NURSING CARE WEEK
May 13th – 19th 2018**

The theme for 2018’s National Skilled Nursing Care Week lends perfectly to meaningful visits with your loved ones. Take time this month to focus on reminisce, learning what is truly important to each person you encounter each day, and sharing your own story as well!

We invite you to join us that week:

Sunday 5/13	2:00	Program to celebrate Mother’s Day
Tuesday 5/15	2:00	Program to celebrate centenarians
Thursday 5/17	6:30	Annual spring prom,
Saturday 5/19	10:15	Music with the Extension Chords.

We challenge you...

Using the template available at the reception desk, in the breakroom, or via email: interview a resident, tenant, client, volunteer, visitor, or coworker and encourage them to interview you.

For every story you gather or give, your name will be entered into a prize drawing.

Please turn story forms in to Hannah Schad by Thursday, May 17. Prize drawing will take place on Friday, May 18th.



St. Paul Home

St. Paul Villa



Now that the snow has finally melted, we are eager to get back outside for Rickshaw rides!



Happy Birthday

- 8th Naomi Loderbauer
- 9th Marie Juhre
- 10th Jennette Speener
- 13th Ralph DuPrey
- 17th Rosemary "Rosie" Friebel
- 20th Sylvester Geurts
- 26th Betty Bast
- 28th Myron Krueger
- 29th Joann Mueller



Do you enjoy gardening? ?

Come garden with us this spring...

St. Paul Villa in Collaboration with FVTC present

Intergenerational Gardening Program

An "Egg"-cellent Afternoon



Just before we celebrated Easter, the residents at St. Paul Manor spent an afternoon decorating cut-out cookies and dying eggs. While enjoying our frosted cookies and punch, we reminisced about our favorite Easter memories, both growing up as well as with our own families, and tried to recall the best hiding spots for the children's Easter baskets. On Easter Monday, we used all four dozen of the colored eggs to make a giant batch of egg salad.

When visiting the Manor, our residents' safety is our greatest concern. We grant access at our entrances as quickly as we are able. Thank you for your continued patience when entering and exiting the Manor.

Programs at the Resource Center

Caregiver Support Group

Offered to anyone who has a loved one affected by dementia.

2nd Monday of the month
4:00-5:00 pm

Group for Spouses of Individuals Affected by Young Onset AD

Specifically for spouses of individuals who are affected by Alzheimer's disease or other memory disorders under the age of 65 years.

3rd Tuesday of the month
6:30-8:00 pm

Memory Connections

This group, held Tuesdays from 10 am-2 pm, is designed for those recently diagnosed with a memory impairment that are motivated to work on cognitive & physical exercises with the goal of improving brain health.

For information on eligibility and cost, contact 766-6186.

SPARK!

Thursday, May 10th
2:30-4:00 pm

Explore Pointillism by studying *A Sunday Afternoon on the Island of La Grande* by Jatteby Georges Seurat. Participants and their caregivers will create a group pointillism tree on a large canvas. Call 733-4089 to register

RESCHEDULED!!!!

Living Well with Memory Loss

A Seminar for Newly Diagnosed and Their Care Partners

Thursday May 17, 2018 // 5:00 pm — 8:00 pm

The Hoffman Memory Care Resource Center
at St Paul Elder Services

Come and enjoy an evening hearing Dr. Steven Price discuss approaches to various types of dementia, enjoy an activity with your loved ones and friends, and have an opportunity to ask a panel of experts questions you may have and learn about resources to help you in your journey.

Respite available upon request.

There is no charge for this event.

***Registration required as seats are limited.**

Call Julie Feil 766-6186

Navigating the Purple Canoe— Understanding Your Memory Loss Diagnosis



St. Paul Elder Services in collaboration with the Neuroscience Group will be offering a class to those newly diagnosed with a memory disorder.

The same class will be offered on the 3rd Thursday of each month at 1:30-3:00 pm to provide information, discuss emotional impact, telling loved ones, planning, research options, community resources, and enhancing communication skills. The goal is to understand that you are not alone in your journey as others are “in the same boat”.

Contact Julie Feil at 766-6186 for more information

The Mug Club

St. Paul Elder Services is collaborating with Lutheran Social Services to sponsor The Mug Club! Come get a cup of coffee and discuss the latest book on caregiving or share an idea with the goal of improving your caregiving knowledge and skills. Call Julie Feil to register & get your free book for the next session.



First and Third Mondays of each month 2:00-3:00 pm.

Memory Café News!

The Memory Cafe is facilitated by St. Paul Elder Services at the Kaukauna Library. It is designed for individuals with mild memory loss and their loved ones to gather and enjoy camaraderie, receive information, and just have fun in an informal setting. There is no charge.

Monday, May 14th

2:00-3:30 pm

Library staff will work with us to complete a Spring project that will be auctioned to support the work of the Kaukauna Library! Come join us for a great cause and great fun!

Monday, May 28th

NO CAFÉ

Enjoy your Memorial Day and reflect on the sacrifices of our brave men and women in the service!

May is
Better Speech
& Hearing
Month!

The month of May is Better Speech and Hearing Month. The campaign this month is sponsored by the American Speech Language Hearing Association (ASHA) and their goal is to provide public education on communication disorders. 40 million Americans suffer from communication disorders. Speech, language, and hearing disorders are among the most common disabilities in the United States. However, unlike many other disabilities, these disorders often are reversible and even preventable with early intervention. While it is certainly never too late to seek help, treatment is most successful, less expensive, and takes the shortest amount of time when a loved one is able to pick up on the earliest signs of these disorders.

In adults, signs of speech and language disorders include:

- ⇒ Struggles to say sounds or words (stuttering)
- ⇒ Repeats words or parts of words (stuttering)
- ⇒ Says words in the wrong order (expressive aphasia)
- ⇒ Struggles with using words and understanding others (global aphasia)
- ⇒ Has difficulty imitating speech sounds (apraxia)
- ⇒ Speaks at a slow rate (apraxia)
- ⇒ Produces slurred speech (dysarthria)



Communicating with older people often requires extra time and patience because of physical, psychological, and social changes of normal aging.

Here are tips for family members and caregivers to make communicating with older people easier:

- 1) Reduce background noises that may be distracting (e.g., turn off the radio or TV, close the door, or move to a quieter place for conversations).
- 2) Begin the conversation with casual topics (e.g., the weather or what the person had for lunch). Avoid crucial messages at the beginning.
- 3) Talk about familiar subjects such as family members and special interests of the person.
- 4) Stick to a topic. Avoid quick shifts from topic to topic. Keep sentences and questions short.
- 5) Give older persons a moment to reminisce. Their memories are important to them. Allow extra time for responding. Don't hurry them.
- 6) Give the older person choices to ease decision making. (e.g., "Do you want tea or coffee?" rather than "What do you want to drink?")
- 7) Be an active listener. Look for hints from eye gaze and gestures. Take a guess (e.g., "Are you talking about the TV news? Yes? Tell me more. I didn't see it.")



Therapy Services

Volunteer Opportunities

May Birthdays					
Jinny	Biese	5/5	Don	Phelan	5/14
Mary	Carnot	5/13	Marion	Ragen	5/27
Alysa	Chandler	5/30	Ginny	Recla	5/17
Betty	Eiting	5/20	Grace	Schmidt	5/5
Richard	Eiting	5/23	Lois	Schuessler	5/15
Patrice	Feldkamp	5/1	Gary	Schuster	5/21
Diane	Gruett	5/15	Theresa	Short	5/31
Linda	Haase	5/25	Mary	Sweere	5/24
Bob	Haen	5/20	Micki	Toal	5/14
Glenn	Hansen	5/13	Mary T	Van Asten	5/26
Gerald	Hedtke	5/3	Ronald	Van De Hey	5/3
Elaina	Herz	5/24	Rosemary	Van Elsen	5/20
Kathy	Meyer	5/12	Gary	Vanness	5/15
Ann	Pendleton	5/13	Rick	Warrens	5/11

Welcome to our newest volunteers:

Carol Timmers
Shirley Worsch
Ellen Payne

St. Paul Home is looking for volunteers interested in passing water, either in the morning or afternoon. If interested, please call Kay at ext. 114.

May Meeting

Monday, May 21st
12:00 pm

Haen Community Center
Please RSVP to Kay (x114) if you plan on attending.



Volunteer Hours for March Total : 1691

Adult Individual	1455.00	Hospice	45.00
Adult Group	37.00	Board/Advisory	9.00
Youth Total	125.00	Employee	20.00
TOTAL HOURS YTD: 4959			

VOLUNTEER NEEDS: May 2018					
St. Paul Home – Contact Hannah Schad @ x108	Spiritual Care – Contact Sr. Delores @ x105	St. Paul Manor – Contact Courtney Leeman @ x570	St. Paul Villa – Contact Christine Dicus @ x227	Outreach Services – Contact Keri Schreiter @ x189	Hospice – Contact Pam Saulnier @ x435
1:1 visits with residents Activity Hour games – Fridays, 6:30 p.m. Thursday evening bingo, 6:30 p.m. Distributing activity calendars: monthly on 1 st of month (or 30 th /31 st). Outing to Kimberly Windmill on 4/30 from 1:00 to 3:00	Bringing residents to Chapel for Holy Hour, 2 nd Tuesday of every month 2:45- 4pm Help on Sundays bringing people to chapel for Mass Washing Mass book covers Memorial – May 16 th , 6:30 p.m. May Crowning – May 1 st , 3:00 p.m.	BINGO on Tuesday evenings at 6:00 p.m. Word games on Wednesday evenings, 6:00 p.m. Crafting every other Sunday afternoon at 2:00 p.m. Manicures on Sunday afternoons at 1:00 p.m. Board or Card Games on Saturday afternoons, 3:00 p.m. Visiting, reminiscing, playing games with residents on a 1:1 basis. Distributing Life Enrichment calendars on the 1 st of every month.	We are especially in need of weekend and evening visits just to pass the time, board game facilitators, card games facilitators; just something to make the weekends and evenings a little more interesting.	Outreach Services is looking for a nurse to do blood pressures. Club Gabe is in need of a volunteer to assist members to Church and with lunch on Monday and Thursday, 10:30 a.m. – 12:30 p.m.	Looking for volunteers to make ongoing 1:1 socialization visits with patients. Pet therapy volunteers (pets must be certified to provide therapy) Volunteers who could provide music to our patients.




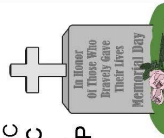

Spring brings surprises, new hope, new life. We have waited to plant our seeds and plants, for snow to melt. We want to till the soil and watch the new growth.

Joyce Rupp says there are three components of compassion—awareness, attitude and action. The qualities for compassion to grow are: nonjudgement, nonviolence, forgiveness and mindfulness. Are we planting seeds of compassion? Are we bringing greater love and peace to all we meet? Am I more forgiving? Have I grown in patience this winter? I recently read: If you are grateful, you are not fearful. If you are not fearful, you are not violent...

Those are powerful words. Each day can we find gratitude and express it. Our God invites us to participate in gratefulness in this world.



Home Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Restorative Fitness-SC 10:15 Ellie & Joyce -SC 11:00 Mass -C 2:00 Resident Council -SF 3:30 Rosary -C 6:30 Lions Bingo -GP	2 9:30 Restorative Fitness-SC 9:45 Lutheran Church -C 10:15 Music Morning -SC 11:00 Mass -C 1:00 Primrose Lane Manicures -GP 2:15 Bingo -D 3:45 Bell Choir -SC 6:30 Music with Maria -SC	3 9:30 Exercise Group -SC 10:15 Music with Roxey -SC 11:00 Mass -C 1:00 Sheephead -GP 3:30 Rosary-C 3:45 100 Words -GP 6:30 Bingo -D	4 9:30 Restorative Fitness-SC 10:00 Our Generation Songs-SC 10:30 Adoration of the Sacrament -C 11:00 Mass -C 2:00 Happy Hour -D 6:30 First Friday Movie & Popcorn: Seabiscuit -SC	5 10:15 Music Morning -SC 1:30 Horse Race Game -GP 4:00 Kentucky Derby on TV
6 11:00 Mass -C 1:30 Reminiscence -GP	7 9:30 Group Exercise -SC 10:15 Music with Jan -SC 11:00 Mass -C 1:30 Birch Place Manicures -GP 2:30 Making Prom Treats-GP 6:30 Two Bit Bingo -D	8 9:30 Restorative Fitness -SC 10:15 Ellie & Joyce -SC 11:00 Mass -C 2:00 Birthday Bingo -D 3:00 Holy Hour -C 3:30 Rosary -C 6:00 Deal or No Deal -GP	9 9:30 Restorative Fitness-SC 9:45 Lutheran Church -C 10:15 Music Morning -SC 11:00 Mass -C 1:00 Primrose Lane Manicures -GP 2:15 Bingo -D 6:30 Name that Tune -SC	10 9:30 Exercise Group -SC 10:15 Music with Roxey -SC 11:00 Mass -C 1:00 Sheephead -GP 3:30 Rosary-C 3:45 Crossword Game -GP 6:30 Mapleview Bingo -D	11 9:30 Restorative Fitness-SC 10:15 Music Morning -SC 11:00 Mass -C 2:00 On a Positive Note Choir Concert followed by Ice Cream Sundays -D 6:30 Activity Hour -GP	12 10:15 Music Morning -SC 1:30 Activity Hour -GP
MOTHER'S DAY 13 11:00 Mass -C 1:30 Mother's Day Tea -GP NATIONAL SKILLED NURSING CARE WEEK "Celebrating Life's Stories"	14 9:30 Group Exercise -SC 10:15 Music Morning -SC 11:00 Mass -C 1:30 Birch Place Manicures -GP 2:30 Making Prom Treats -GP 6:30 Two Bit Bingo -D	15 9:30 Restorative Fitness -SC 10:15 Ellie & Joyce -SC 11:00 Mass -C 2:00 Sports Hour 3:30 Rosary -C 6:30 Lioness Bunco -SC	16 9:30 Restorative Fitness-SC 9:45 Lutheran Church -C 10:15 Music Morning -SC 11:00 Mass -C 1:00 Primrose Lane Manicures -GP 2:15 Bingo -D 3:45 Bell Choir -SC 6:30 Music with Maria -SC	17 9:30 Exercise Group -SC 10:15 Music with Roxey -SC 11:00 Mass -C 1:00 Sheephead -GP 3:30 Rosary-C <i>(Prom Prep this afternoon...)</i> 6:30 Spring Prom: Music with Allie -D	18 9:30 Restorative Fitness-SC 10:15 Music Morning -SC 11:00 Mass -C 2:00 Happy Hour -D 6:30 Activity Hour -GP	19 10:15 The Extension Chords -SC 1:30 Activity Hour -GP
20 11:00 Mass -C 1:30 Movie Matinee with Popcorn: -SC	21 9:30 Group Exercise -SC 10:15 Music with Jan -SC 11:00 Mass -C 1:30 Birch Place Manicures -GP 2:30 Crafts -GP 6:30 Two Bit Bingo -D	22 9:30 Restorative Fitness-SC 10:15 Ellie & Joyce -SC 11:00 Mass -C 2:00 Garden Club -GP 3:30 Rosary -C 4:30 Supper Outing (sign up ahead of time!)	23 9:30 Restorative Fitness-SC 9:45 Lutheran Church -C 10:15 Music Morning -SC 11:00 Mass -C 1:00 Primrose Lane Manicures -GP 2:15 Bingo-D 3:45 Bell Choir-SC 6:30 Music with Maria -SC	24 9:30 Exercise Group -SC 10:15 Music with Roxey -SC 11:00 Mass -C 1:00 Sheephead -GP 2:00 Music with Francis Rank -D 3:45 Patio Program 3:30 Rosary-C 6:30 Bingo -D	25 9:30 Restorative Fitness-SC 10:15 Music Morning -SC 11:00 Mass -C 2:00 Happy Hour -D 6:30 Activity Hour -GP	26 10:15 Music Morning -SC 1:30 Organ & Accordion Music -SC
27 11:00 Mass -C 1:30 Reminiscence -GP	MEMORIAL DAY 28 10:00 Music with George -SC 11:00 Mass -C 1:30 Memorial Day Social -GP 	29 9:30 Restorative Fitness-SC 10:15 Ellie & Joyce -SC 11:00 Mass -C 3:30 Rosary -C 6:30 The Money Game -GP	30 9:30 Restorative Fitness-SC 9:45 Lutheran Church -C 10:15 Music Morning -SC 11:00 Mass -C 1:00 Primrose Lane Manicures -GP 2:15 Bingo -D 3:45 Bell Choir -SC 6:30 Music with Maria -SC	31 9:30 Exercise Group -SC 10:15 Music with Roxey -SC 11:00 Mass -C 1:00 Sheephead -GP 3:30 Rosary-C 3:45 Patio Program -GP 6:30 Bingo -D		

Villa Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>11:00am Mass in Villa on TV-Communion given Activity Room</p> <p>1:10pm Brewers vs Pirates</p>	<p>9:00 am Baking w/Marie AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:00pm Sing-a-long with Tina-Lobby</p> <p>1:30-3:00pm Knitting/Crocheting Group-2nd floor library</p>	<p>10:00am Shop the Pig Catholic Mass-Chapel</p> <p>1:15 pm Bible Discussion-Villa Chapel</p> <p>3:00pm May Crowning-Chapel 6-10 pm Brewers vs Reds</p>	<p>8:30-9:30am Omlet Breakfast</p> <p>9-Noon Neil Geiger Villa Lobby Pick out free photo and place orders.</p> <p>9:45am Lutheran Service-Chapel</p> <p>11:00am Catholic Mass-Chapel</p> <p>2:30pm Villa Voices</p> <p>6:10pm Brewers vs Reds</p>	<p>9:30am Stand and Be Tail-2nd floor</p> <p>11:00am Catholic Mass-Chapel</p> <p>2:00 pm Rosary-Villa Chapel</p> <p>2:00pm Happy Hour with TJ and Lynn-Dining Room</p> <p>6:30pm Bingo with Fran</p>	<p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:30pm Tenant Council/ice Cream Social</p> <p>7:10pm Brewers vs Pirates</p>	<p>1-2:30pm Sheepshead-Coffee Grind</p> <p>2:30pm Bingo</p> <p>6:10pm Brewers vs Pirates</p>
<p>11:00am Mass in Villa on TV-Communion given Activity Room</p> <p>2:10pm Brewers vs Twins</p>	<p>9:00 am Baking w/Marie AR</p> <p>10:30am Sit and Be Fit w/Judy-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:00pm Sing-a-long with Tina-Lobby</p> <p>1:30-3:00pm Knitting/Crocheting Group-2nd floor library</p> <p>6:30pm Bingo with Fran</p> <p>6:40pm Brewers vs Diamonds</p>	<p>10:30am Shop the Pig Catholic Mass-Chapel</p> <p>11:00am Bible Discussion-Villa Chapel</p> <p>1:15 pm Healing Waters</p> <p>2:30 pm Bingo</p> <p>6:40pm Brewers vs Diamonds</p>	<p>9:45am Lutheran Service- Nursing Home Chapel</p> <p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>12:10pm Brewers vs Diamonds</p> <p>1:00pm Casino</p>	<p>9:30am Stand and Be Tail-2nd floor</p> <p>10:00am Manicures</p> <p>11:00am Catholic Mass-Chapel</p> <p>2:00 pm Rosary-Villa Chapel</p> <p>1:30pm Wheel of Fortune</p> <p>6:30pm Bingo with Fran</p> <p>7:10pm Brewers vs Mets</p>	<p>9:30am Coffee Grind</p> <p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:00pm Dollar Tree</p> <p>1-2:30pm Sheepshead-Coffee Grind</p> <p>7:10pm Brewers vs Mets</p>	<p>1-2:30pm Sheepshead-Coffee Grind</p> <p>2:30pm Bingo</p> <p>3:10pm Brewers vs Mets</p>
<p>11:00am Mass in Villa on TV-Communion given Activity Room</p> <p>2:10pm Brewers vs Rockies</p>	<p>9:00 am Baking w/Marie AR</p> <p>10:30am Sit and Be Fit w/Judy-Chapel</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:30-3:00pm Knitting/Crocheting Group-2nd floor library</p> <p>6:30pm Bingo with Fran</p> <p>8:40pm Brewers vs Diamonds</p>	<p>11:00am Catholic Mass-Chapel</p> <p>1:15 pm Bible Discussion-Villa Chapel</p> <p>1:15 pm Bible Discussion-Villa Chapel</p> <p>2:30 pm Bingo</p> <p>8:40pm Brewers vs Diamonds</p>	<p>9:45am Lutheran Service- Nursing Home Chapel</p> <p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>12:00pm Out to Movies</p> <p>2:30pm Villa Voices-Club Gabriel</p> <p>2:40pm Brewers vs Diamonds</p>	<p>9:30am Stand and Be Tail-2nd floor</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:30pm Blackjack</p> <p>2:00 pm Rosary-Villa Chapel</p> <p>6:30pm Bingo with Fran</p>	<p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:30-2:30pm Mother's Day Tea</p> <p>1-2:30pm Sheepshead-Coffee Grind</p> <p>7:10pm Brewers vs Rockies</p>	<p>1-2:30pm Sheepshead-Coffee Grind</p> <p>2:30pm Bingo</p> <p>6:10pm Brewers vs Twins</p>
<p>11:00am Mass in Villa on TV-Communion given Activity Room</p> <p>2:10pm Brewers vs Mets</p>	<p>9:00 am Baking w/Marie AR</p> <p>10:30am Sit and Be Fit w/Judy-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:10pm Brewers vs Cardinals</p> <p>1:30-3:00pm Knitting/Crocheting Group-2nd floor library</p> <p>6:30pm Bingo with Fran</p>	<p>10:30am Shop the Pig Catholic Mass-Chapel</p> <p>11:00am Bible Discussion-Villa Chapel</p> <p>1:15 pm Healing Waters</p> <p>2:30 pm Bingo</p> <p>6:40pm Brewers vs Cardinals</p>	<p>9:45am Lutheran Service- Nursing Home Chapel</p> <p>10:30am Sit and Be Fit-AR</p> <p>11:00am Catholic Mass-Chapel</p> <p>12:10pm Brewers vs Cardinals</p> <p>1:30pm Lemonade Social</p> <p>2:30pm Villa Voices</p>	<p>9:30am Stand and Be Tail-2nd floor</p> <p>11:00am Catholic Mass-Chapel</p> <p>1:30pm Blackjack</p> <p>2:00 pm Rosary-Villa Chapel</p> <p>6:30pm Bingo with Fran</p>	<p>All Activities subject to change.</p> <p>AR=Activity Room</p>	<p>1-2:30pm Sheepshead-Coffee Grind</p> <p>2:30pm Bingo</p> <p>3:10pm Brewers vs Mets</p>

May 2018



May Day

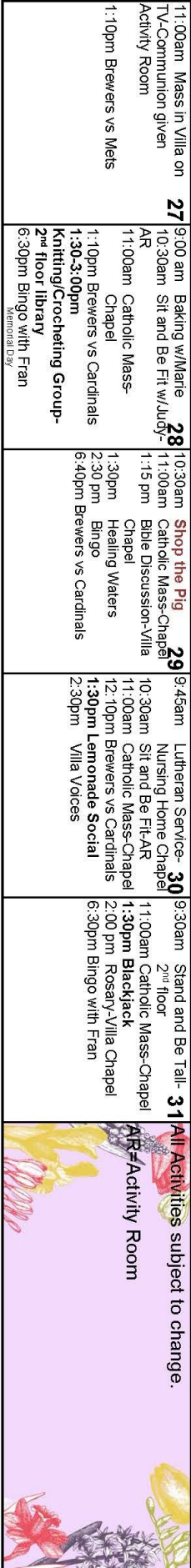
Mother's Day

First Day of Pentecost

First Day of Remembrance

Armed Forces Day

Cinco de Mayo



Manor Activities Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>May 2018 St. Paul Manor Life Enrichment Program</p> <p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Manicures 2:00 Honor Flight Cards with Carrie 6:00 Sunday Evening Movie "Definitely, Maybe"</p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Culinary Club 3:30 Motherly Humor 6:00 Balloon Volleyball</p> <p></p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Bible Study 2:00 Bella Visit 3:00 Sing Along 6:00 Beach Ball Toss</p> <p><i>May Day</i></p> <p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Bible Study 2:00 Bella Visit 3:00 Music with Cy Mader 6:00 Beach Ball Toss</p>	<p>9:45 Lutheran Service 10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Fresh Flower Arranging 3:00 Sing Along 3:45 Bulletin Folding 6:00 Hangman</p>	<p>8:00 Men's Breakfast Club 10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Daily Devotions 2:00 BINGO 3:30 Manicures 6:00 Kickball</p> <p></p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Family Feud 2:30 Happy Hour 6:00 Friday Night Flick "The Post"</p>	<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Finishing the Lyrics 3:00 Noodle Ball 6:00 Uno</p> <p></p>
<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Manicures 2:00 Hole Punch Cards with Carrie 6:00 Sunday Evening Movie "Bad News Bears"</p> <p><i>Mother's Day</i></p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Memories in the Making 3:30 Left, Right, Center 6:00 Balloon Volleyball</p> <p></p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Bible Study 2:00 Bella Visit 3:00 Our Generation Sings with Fran and JoAnn 6:00 Beach Ball Toss</p>	<p>9:45 Lutheran Service 10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Bell Choir 3:00 Word Games 3:45 Bulletin Folding 6:00 The Meetup Singers <i>First Day of Ramadan</i></p>	<p>8:00 Men's Breakfast Club 10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Daily Devotions 2:00 BINGO 3:30 Manicures 6:00 Kickball</p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Jeopardy 2:30 Ice Cream Social 6:00 Friday Night Flick "The Music Man"</p> <p></p>	<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Finishing the Lyrics 3:00 Noodle Ball 6:00 Uno</p> <p><i>Armed Forces Day</i></p>
<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Manicures 2:00 Hole Punch Cards with Carrie 6:00 Sunday Evening Movie "Bad News Bears"</p> <p><i>First Day of Showout</i></p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 TimeSlips 3:30 Yahtzee 6:00 Balloon Volleyball</p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Bible Study 2:00 Bella Visit 3:00 Music with Jim Counter 6:00 Beach Ball Toss</p>	<p>9:45 Lutheran Service 10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Resident Council 3:00 Music with Mary Hall 3:45 Bulletin Folding 6:00 Hangman</p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Daily Devotions 2:00 BINGO 3:30 Manicures 6:00 Kickball</p> <p></p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Finishing Lines 2:30 Happy Hour 6:00 Friday Night Flick "Yours, Mine, and Ours"</p>	<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Creative Coloring 3:00 Beach Ball Toss 6:00 Red or Black</p>
<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Manicures 3:00 Kickball 6:00 Sunday Evening Movie "Unbroken"</p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Red, White and Blue Creative Coloring 3:30 Memorial Day Word Games 6:00 Balloon Volleyball</p> <p><i>Memorial Day</i></p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Bible Study 2:00 Bella Visit 3:00 Sing Along 6:00 Beach Ball Toss</p> <p></p>	<p>9:45 Lutheran Service 10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Rosary 2:00 Bell Choir 3:00 Gross Motor Games 3:45 Bulletin Folding 6:00 Hangman</p>	<p>10:00 Strength Movements 10:30 Current Events 11:00 Mass 1:00 Daily Devotions 2:00 BINGO 3:30 Manicures 6:00 Kickball</p> <p></p>	<p>10:00 Morning Stretch 10:30 Current Events 11:00 Mass 1:00 Family Feud 2:30 Happy Hour 6:00 Friday Night Flick "The Post"</p>	<p>10:00 Fitness Fun 10:30 Current Events 11:00 Mass 1:00 Creative Coloring 3:00 Beach Ball Toss 6:00 Red or Black</p>
<p><i>Some old-fashioned things like fresh air and sunshine are hard to beat.</i> -Santa Ingalls Wilder</p>						

Daily Life Enrichment Programs are subject to change based on the residents' daily preferences.

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St. Paul Elder Services,
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316 E.14th Street
Kaukauna, WI 54130

St. Paul Community Newsletter

Club Gabriel (920-766-6188)

Hospice (920-766-6180)

Life Enrichment Center (920-766-6188)

St. Paul Home (920-766-6020)

St. Paul Villa (920-766-6181)

St. Paul Manor CBRF (920-766-6181)

The Hoffman Memory Care Resource Center (920-766-6181)

Volunteer Opportunities (920-766-6183)

